




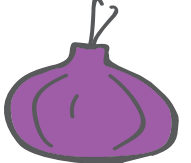


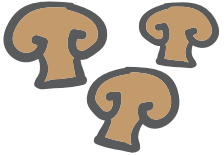
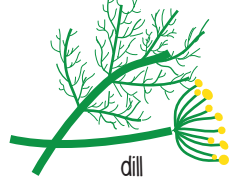
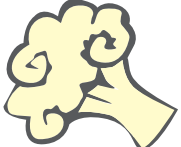
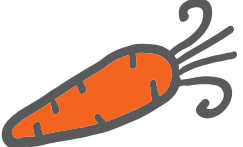
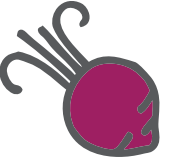
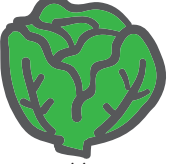

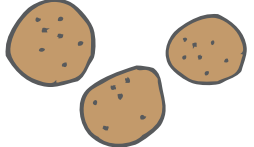
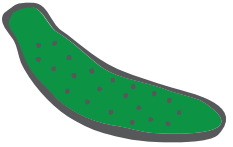







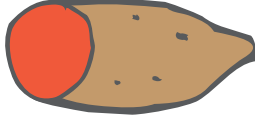


# veggie bingo

## how to play:

- check out the vegetable being served on the Real Food menu or at home each day.
- if you taste or finish your serving that day, cross out or use a sticker to mark that veggie. You're on your way to calling bingo!
- if you get a row, let us know! Post a photo of your card & tag us on Facebook or Instagram @realfoodforrealkids and #RFRKeveryday
- join our "Veggie Hall of Fame" by eating all your veggies and completing your entire card.

name: \_\_\_\_\_

centre: \_\_\_\_\_

	 avocado	 peas	 onion	
 bell pepper	 mushroom	 dill	 cauliflower	 carrot
 beet	 cabbage		 potato	 cucumber
 tomato	 garlic	 green beans	 corn	 lettuce
	 broccoli	 sweet potato	 spinach	

#RFRKeveryday